



**Please help local people in crisis  
by buying items from the list  
below and giving them to  
Durham foodbank.**

- Instant Mash Potato**
- ☐ **Pasta / Rice (500g)**
- ☐ **Tinned meat / fish**
- ☐ **Tinned fruit**
- ☐ **Tinned vegetables**
- ☐ **Jam / Chocolate**
- ☐ **Biscuits or Snack bars**
- ☐ **Milk (UHT/Powder)**
- ☐ **Sugar (500g)**
- ☐ **Fruit Juice (carton)**
- ☐ **Soup**
- ☐ **Pasta Sauces**
- ☐ **Beans/spaghetti in sauce**
- ☐ **Sponge Pudding (tin)**
- ☐ **Tomatoes (Tinned)**
- ☐ **Breakfast Cereal**
- ☐ **Rice Pudding / custard**
- ☐ **Tea Bags / Instant Coffee**

*Thank you for your support!*

**Part of the work of  
Durham Christian  
Partnership**

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